## **COME SKATE WITH US!**



### **CANSKATE GROUP &** INTRO TO FIGURE SKATING GROUP 1-ON-1

# **SUMMER 2023**

**SKATE CANADA NATIONAL CERTIFIED** PROGRAM.

TAUGHT RY

**NATIONAL CERTIFIED** COACHES

Session	Day	Time	Dates	Place	# of Session:	Cost
ANSKATE G	ROUP - Badge Program (Age 5	13 years) No skating ability needed! (with coaches permiss	ion)	,		
ummer 1	Week 1 - Mon-Thu	4:45pm-5:30pm	July 3,4,5,6	VIVO	4	\$100.00
ummer 2	Week 2 - Mon-Thu	4:45pm-5:30pm	July 10,11,12,13	VIVO	4	\$100.00
ummer 3	Week 3 - Mon-Thu	4:45pm-5:30pm	July 17,18,19,20	VIVO	4	\$100.00
ummer 4	Week 4 - Mon-Thu	4:45pm-5:30pm	July 24,25,26,27	VIVO	4	\$100.00
ummer 5	Week 5 - Mon-Thu	4:45pm-5:30pm	July 31, August 1,2,3	VIVO	4	\$100.00
ummer 6	Week 6 - Tue-Thu	4:45pm-5:30pm	August 8,9,10	VIVO	3	\$75.00
	OR					
ummer A	Monday	4:45pm-5:30pm	July 3,10,17,24,31	VIVO	5	\$125.00
ummer B	Tuesday	4:45pm-5:30pm	July 4,11,18,25, August 1,8	VIVO	6	\$150.00
ummer C	Wednesday	4:45pm-5:30pm	July 5,12,19,26, August 2,9	VIVO	6	\$150.00
ummer D	Thursday	4:45pm-5:30pm	July 6,13,20,27, August 3,10	VIVO	6	\$150.00
NTRO TO FIG	URE SKATING - Canskate bad	ge program (age 4+ years, MUST be on Canskate badge 3-6)	(with coaches permission)			
ummer 1	Week 1 - Mon-Thu	5:30pm-6:15pm	July 3,4,5,6	VIVO	4	\$100.00
ummer 2	Week 2 - Mon-Thu	5:30pm-6:15pm	July 10,11,12,13	VIVO	4	\$100.00
ummer 3	Week 3 - Mon-Thu	5:30pm-6:15pm	July 17,18,19,20	VIVO	4	\$100.00
ummer 4	Week 4 - Mon-Thu	5:30pm-6:15pm	July 24,25,26,27	VIVO	4	\$100.00
ummer 5	Week 5 - Mon-Thu	5:30pm-6:15pm	July 31, August 1,2,3	VIVO	4	\$100.00
ummer 6	Week 6 - Tue-Thu	5:30pm-6:15pm	August 8,9,10	VIVO	3	\$75.00
	OR				•	
ummer A	Monday	5:30pm-6:15pm	July 3,10,17,24,31	VIVO	5	\$125.00
ummer B	Tuesday	5:30pm-6:15pm	July 4,11,18,25, August 1,8	VIVO	6	\$150.00
ummer C	Wednesday	5:30pm-6:15pm	July 5,12,19,26, August 2,9	VIVO	6	\$150.00
ummer D	Thursday	5:30pm-6:15pm	July 6,13,20,27, August 3,10	VIVO	6	\$150.00

#### TO BOOK 1-on-1 lessons: email admin@hhskatingclub.com (first come first serve basis)

Session	Day	Time (must choose 1 time only)	Dates	Place	# of Sessions	Cost
Summer 1	Week 1 - Mon-Thu	5:00pm / 5:30pm / 6:00pm / 6:30pm / 7:00pm	July 3,4,5,6	VIVO	4	\$180.00
Summer 2	Week 2 - Mon-Thu	5:00pm / 5:30pm / 6:00pm / 6:30pm / 7:00pm	July 10,11,12,13	VIVO	4	\$180.00
Summer 3	Week 3 - Mon-Thu	5:00pm / 5:30pm / 6:00pm / 6:30pm / 7:00pm	July 17,18,19,20	VIVO	4	\$180.00
Summer 4	Week 4 - Mon-Thu	5:00pm / 5:30pm / 6:00pm / 6:30pm / 7:00pm	July 24,25,26,27	VIVO	4	\$180.00
Summer 5	Week 5 - Mon-Thu	5:00pm / 5:30pm / 6:00pm / 6:30pm / 7:00pm	July 31, August 1,2,3	VIVO	4	\$180.00
Summer 6	Week 6 - Tue-Thu	5:00pm / 5:30pm / 6:00pm / 6:30pm / 7:00pm	August 8,9,10	VIVO	3	\$135.00
	OR					
Summer A	Monday	5:00pm / 5:30pm / 6:00pm / 6:30pm / 7:00pm	July 3,10,17,24,31	VIVO	5	\$225.00
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5:00pm / 5:30pm / 6:00pm / 6:30pm / 7:00pm July 4,11,18,25, August 1,8 VIVO \$270.00 Summer B Tuesday 6 5:00pm / 5:30pm / 6:00pm / 6:30pm / 7:00pm July 5,12,19,26, August 2,9 VIVO 6 \$270.00 Summer C Wednesday 5:00pm / 5:30pm / 6:00pm / 6:30pm / 7:00pm July 6,13,20,27, August 3,10 VIVO \$270.00 Summer D Thursday 6

\*above costs do not include an annual \$55.00 Registration/Admin Fee for the 2022-2023 season

\*ALL HHSC Programs are subject to change

### Programs offered at VIVO arena

VIVO: 11950 Country Village Link NE Entry & Exit - East arena doors (back)

**Details and Register online** 

\*view at-a-glance pdf for all details\* register.hhskatingclub.com Contact: admin@hhskatingclub.com Canskate/PreCan/Teen-Adult: Hockey or Figure Skates Only! (sharpened)

no velcro/snap/molded/theme style skates\*

**SKATERS NEED:** 

Hard Guards (for walking & emergancy) Helmets (CSA certified Hockey helmet ONLY) Gloves/Mitts

Proper (warm) skating clothes

Intro to Figure Skating: Figure Skates Only! (sharpened) \*\*Purchase Figure Skates at below shops only!!! (no SportChek/Canadian Tire/etc)\*\*

> (Skate Lab, 7777 Macleod Trail SW, Calgary, 825-413-5786) (Professional Skate,3515-18 Street SW, Calgary)



Protocols and Procedures MUST be followed at all times!

this is designed to teach basic skating skills which will allow you to enter into any ice sport!

this is designed to better your skating skills for hockey, no sticks or puck, equipment optional!\*

<sup>\*</sup>each time is 30 minutes with 1 coach per skater at a cost of \$45.00 per day.

<sup>\*1</sup> time can be booked per skater